**Case Study 2 Copy: Emelia Debrah**

## Social Media Copy

Use for social media, with portrait photos. Please credit photographer Chris Terry for photos of Emelia.

**Emelia Debrah, 51, Fairtrade cocoa farmer, Ghana**

Emelia Debrah has a flair for farming. Even so, her income from cocoa before 2018 was so low that she fell into debt and struggled badly for a while. What turned her finances around, she says, is the support she got from the Fairtrade co-op she belongs to and training as part of a project where she learned to farm her four hectares of land more productively.

She’s now almost self-sufficient thanks to her newly created ‘micro-forest’ and can sell the vegetables she intercrops with cocoa locally. The savings she’s made on pesticides help protect Emelia, and her six grandchildren she cares for, against rising living costs.

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OPTIONAL ADDITION: With support from Fairtrade, farmers like Emelia are protecting the future of the cocoa we love.